



THE DALAI LAMA

### MESSAGE

When I meet people, I don't think about being different from them, about being a Tibetan, a Buddhist or even the Dalai Lama. I only think about being a human being. At the fundamental level we are the same, whether rich or poor, easterner or westerner. We all share the same potential for positive and negative emotions.

I am therefore pleased to know that this journal, CASTE: A Global Journal on Social Exclusion, of Brandeis University is being launched to advance the study of caste and social policies. The caste system, from what I know of its prevalence in any place is really outdated; I feel it is a vestige of feudalism. Through education, as your journal aspires to do, we can promote a sense of the oneness of the seven billion human beings.

With my prayers and good wishes,

22 February 2019